

She helped me experience compassion...

Nicole contacted me because I placed an ad on a spiritual living group searching for spiritual counseling. I had been feeling resentful, bitter and jealous of other people's lives for a long time. I had lost motivation and purpose to grow and was basically running on autopilot. There was a deep frustration inside myself and every endeavor I started just didn't bring good results, I felt it was difficult to connect to people and feel them, so I isolated myself more and more till the point of not coming out of bed for a long time.

I was searching for someone who could help me to figure out what was wrong, to reconnect to my passion and find a purpose to participate in life again and find joy in the things I was doing.

First I was skeptical to work over Skype because I thought it was very un-personal. But finally I gave it a try and Nicole's open and warm-hearted and understanding personality made me feel comfortable immediately. I noticed that Nicole is truly devoted to what she does and is very generous with her help and guidance.

It was easy to open up because she does not judge. She helps you to embrace and heal parts of you that you are usually too embarrassed to talk about because they are considered "bad".

She helped me to let go of an issue that I was stuck with and that caused me a lot of confusion, explaining why it was energetically better to let go.

She is an awesome listener, which is a very precious quality and she does not force her opinion on you, she does not judge and is very empathetic, very soft and that really helps to open up.

She guides you without imposing anything, she helps you to find the answers inside. I felt "seen" and respected, which helped me to see and respect myself more.

Sincerely, Dominika - Barcelona, Spain